



# ***PROGRAM GUIDE 2026***

# Start a Career in the Skilled Trades Today!

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LiUNA Local 183, founded in 1952 by Gerry Gallagher, has over 74,000 members, making us the largest Construction Local Union in North America.

Our goal as the LiUNA Local 183 Training Centre is to provide our apprentices and members with the highest standard of skills and safety training. Our hands-on training is meant to simulate a true construction sector setting to ensure that the industry receives workers who are competent and productive. We offer Ontario registered Apprenticeship Programs, Construction Skills Programs, and Health and Safety Programs.

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# Jack Oliveira

## Business Manager



Dear Brothers and Sisters,

With our membership now surpassing more than 74,000 members, the demand for a highly skilled and versatile workforce continues to grow alongside it. To meet these demands and the needs of our employer partners, we have made significant improvements to our facilities across all our campuses that will ensure you continue to receive best in class skills, health and safety, and apprenticeship training at the LiUNA Local 183 Training Centre.

Our campuses in Vaughan, Kingston, Barrie, Cobourg and Cambridge continue to offer the vast array of health and safety, and skills upgrading courses in all the sectors we represent. Whether it's a provincially required course to maintain your health and safety certifications or a skill upgrading program to increase your skills and expertise on a job site, our Training Centre has you covered. I encourage you to connect with the Training Centre staff to inquire what programs are available and how you can participate in them.

In closing, I would like to thank the staff of the Training Centre for their ongoing dedication and commitment to servicing the needs of our great membership by providing the best health and safety, skills and apprenticeship courses in North America.

In solidarity,

Jack Oliveira  
Business Manager  
LiUNA Local 183

**LiUNA! LOCAL 183**  
Feel the Power



# Sandro Pinto

## Executive Director



Here at the LiUNA Local 183 Training Centre, our mandate is to provide our members with up to date health and safety training, which provides them with additional knowledge to stay safe on the job.

The Training Centre is also focused on working with employer partners on recruiting new people to the construction industry. With the help of the Executive Board and the Union representatives, we have taken great strides in increasing our footprint and having new individuals becoming members and going to work in the various sectors we represent. Our existing membership remains an integral part of our referral process and we remain thankful for their support.

Program development and strategic partnerships are just some of the tools we use to increase services to our membership and employer partners. The Training Centre continues to play an important role in attracting young men and women to the construction industry and we look forward to the challenge and opportunity this presents.

On behalf of the Training Fund Board of Trustees and staff, we strive to improve safety protocols and continue to do our part so our members may come home to their families after a days work.

In Solidarity,

Sandro Pinto  
Executive Director  
LiUNA Local 183 Training Centre

**LiUNA!** LOCAL 183  
TRAINING CENTRE  
*Feel the Power*



# Campuses

6

Campuses

20+

Skills Programs

40+

Health and Safety Programs





LiUNA Local 183 Training Centre delivers the most comprehensive training programs from a total of 6 locations: Vaughan, Kingston, Cobourg, Barrie, Cambridge and Toronto.



#### 1. Vaughan Campus

8700 Huntington Rd  
Vaughan, ON L4H 3T3  
Tel: 416-242-7551

#### 2. Vaughan Office

200 Labourers Way,  
Vaughan, ON L4H 5H9  
Tel: 416-242-7551

#### 3. Kingston Campus

145 Dalton Ave, Unit 1,  
Kingston, ON K7K 6C2  
Tel: 613-542-5950

#### 4. Cobourg Campus

560 Dodge St,  
Cobourg, ON K9A 4J8  
Tel: 905-372-1183

#### 5. Barrie Campus

64 Saunders Rd,  
Barrie, ON L4N 9A8  
Tel: 416-242-7551

#### 6. Cambridge Campus

510 Collier MacMillan Dr,  
Cambridge, ON N1R 6R5  
Tel: 416-242-7551

#### 7. Toronto Office

1263 Wilson Ave, Suite 301,  
Toronto, ON M3M 3G2  
Tel: 416-242-7551



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The first time I set foot on the job site I felt different and frightened, but as time went on I realized I wasn't just building what could be a temporary structure, but life long friendships and a community of people that will always support me every step of the way in my career in the trades.

**Julia Baglione**

Construction Craft Worker

”



“

Nearly everywhere I go, especially in this field, I am the youngest one, and I have some of the least experience on site. I've learned this isn't a bad thing though, it means that I have many people around me that can help me learn and it won't be long until I learn the same skills as my peers.

**Ryan Main**

Construction Craft Worker (OYAP)

”



“

I am dedicated to producing my best work and believe that this commitment is essential for anyone pursuing excellence in their field. I'm very passionate about this trade and take pride in it. I aspire to take on a leadership role in the future one day.

**Alijah Henry**

Brick and Stone Mason

”



“

I've been given the opportunity to build confidence and learn job-site safety here. I work in the roads sector and I take pride in doing my part to keep the traffic moving smoothly and safely.

**Malachi Ritchie**

Intro to Construction

”



“

Getting into the trades gave me direction and something real to work toward. Showing up every day and putting in the work earns respect and builds confidence. On the job site, you're part of a team working toward a common goal, learning from each other and pushing one another to be better. The work can be tough, but there's pride in knowing what we build matters and will last. Being part of LiUNA Local 183 showed me this is more than a job, it's a future.

**Richard Husset**

Construction Craft Worker

*2025 Apprentice of the Year*

”





# Apprenticeship Programs

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Our apprenticeship programs range from 6-8 weeks in length and provide the apprentices with comprehensive simulated real job site experience.



Brick and Stone Mason

Cement Finisher

Construction Craft Worker

Heavy Equipment Operator  
Tractor Loader Backhoe



# Steps to Apprenticeship

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## STEP-1

Enroll into the Apprenticeship Program of your choice.

## STEP-3

Perform your on-the-job Training (Paid work) as an Apprentice.

## STEP-2

Complete your 8 weeks of in-school, hands-on training.

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We also offer some programs through OYAP (Ontario Youth Apprenticeship Program) with the following school boards: TCDSB, YRDSB, YCDSB, Peel, Dufferin Peel Catholic, CSC MonAvenir, and Durham DDSB. All interested high school students must reach out to their respective Guidance Counselors.

For more information, call our office at **416-242-7551**.

**Look for the OYAP logo for eligible programs.**





## Interested in the Apprenticeship Programs?

To apply for one of the apprenticeship programs,  
please visit our website at [www.183training.com](http://www.183training.com)



### STEP-5

Complete suggested field hours  
and Challenge the Red Seal Exam.

### STEP-4

Return for the next Level training  
for your Apprenticeship Program  
until all levels are done.

*Congratulations!*

**You have now reached  
Journeyman status.**



# Brick and Stone Mason

Being a bricklayer or a stonemason involves working in fast-paced environments where problem solving, creativity and proactive thinking is essential. People interested in this trade must be comfortable working at heights and in the elements.



## Sectors to consider

High Rise • Low Rise • Mid Rise • Commercial

## Credential

Red Seal



## Ministry Suggested Time Frame



**4880**

hours of **on-the-job**  
work experience

**720**

hours of **in-school**  
training



**5660**

**Total hours**  
(Approx. three years)



Trainees will gain experience laying and cutting brick, stone and concrete blocks in various construction settings. They will also learn about masonry systems and how to construct and repair various structures including walls, arches and fireplaces. Trainees will be taught to use several hand and power tools that bricklayers use daily, and enhance their trowel and hammer skills.

■ **Tuition Fees:** \$400

■ **Levels:** 3

• +\$125 Textbook fee

■ **Duration:** 8 Weeks (per level)

• Monday to Friday  
• 7:30 AM to 3:00 PM

■ **Campus**

• Vaughan • Barrie • Cobourg





# Cement (Concrete) Finisher

A Cement Finisher masters the art of applying various finishes to concrete surfaces such as architectural, exposed, acid-stained, patterned, broomed finish overlays, and smooth finishes. Trainees will be taught to use hand and power tools such as floats and screeds.



During the apprenticeship, trainees will learn mathematical calculations as well as proper use of measurement, layout, and leveling tools required in the cement finisher trade. Cement Finishers work on a wide variety of vertical and horizontal surfaces and structures such as concrete floors, walls, sidewalks, stairs, driveways, curbs, gutters, dams, bridges, and tunnels. Cement Finishers must possess a sound knowledge of the properties of various types of concrete and how mixes, proportions, and additives affect concrete strength, setting, curing times, finishes, and durability.

**Tuition Fees:** \$400

• +\$125 Textbook fee

**Levels:** 2

**Duration:** 8 Weeks (per level)

- Monday to Friday
- 7:30 AM to 3:00 PM

**Campus**

Vaughan

## Sectors to consider

High Rise Forming • Low Rise Forming • Concrete & Drain • Road construction

## Credential

Red Seal



## Ministry Suggested Time Frame



**4500**

hours of **on-the-job** work experience

**480**

hours of **in-school** training

**4980**

Total hours  
(Approx. two and a half years)

# Construction Craft Worker

The Construction Craft Worker (CCW) Apprenticeship is an extremely versatile program that offers the trainee the capacity to work in a variety of sectors and construction fields. Our program covers a broad base of skills including form setting, scaffolding, and concrete placement.



## Sectors to consider

High Rise Forming • Low Rise Forming • Heavy Civil •  
Utilities • Sewer and Watermain • Landscaping •  
Concrete & Drain • Road construction

## Credential

Red Seal



## Ministry Suggested Time Frame



**2400**

hours of **on-the-job**  
work experience

**480**

hours of **in-school**  
training

**2880**

**Total hours**  
(Approx. one and a half year)



Some of the tasks completed by a CCW trainee include constructing and dismantling concrete forms, scaffolding, ramps, catwalks, shoring, and barricades required at construction sites. In addition, they may mix, pour and spread materials such as concrete and asphalt. They may also assist with demolition, removal of rubble and other debris from a site and may operate various power tools, machines, and other equipment as directed.

**Tuition Fees:** \$400

**Levels:** 2

• +\$125 Textbook fee

**Duration:** 8 Weeks (per level)

• Monday to Friday  
• 7:30 AM to 3:00 PM

**Campus**

Vaughan • Barrie • Cobourg • Kingston





# Tractor Loader Backhoe

A tractor-loader-backhoe is a highly versatile, productive piece of equipment. This apprenticeship will give trainees the knowledge of safe operation practices, as well as the skills and practice operating a tractor-loader-backhoe in a variety of job site related situations.



## Sectors to consider

Low Rise Forming • Road construction • Landscaping • Utilities • Sewer and Watermain

## Credential

Red Seal



## Ministry Suggested Time Frame



**2260**

hours of **on-the-job**  
work experience

**300**

hours of **in-school**  
training



**2560**

**Total hours**  
(Approx. one and a half year)

A Tractor Loader Backhoe Operator inspects, maintains, transports, and operates full (standard) size equipment in the construction and industrial sectors. Some of the duties include performing a pre-operational inspection, transporting equipment, installing attachments, and loading and unloading equipment. In addition, operators will also work on excavating, trenching, grading, stockpiling and backfilling, among other duties.

■ **Tuition Fees:** \$3000

■ **Levels:** 2

■ **Duration:** 8 Weeks (total)

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan



# Construction Skills Programs

Our construction skills programs cover many of the sectors that our members work in. These programs serve as a viable option for not only the people that are new, but also current members looking to specialize in a particular new skill.

- Asphalt
- Blueprint Reading
- Bridge Construction
- Concrete and Drain
- Demolition
- GPS Grade Management
- High Rise Forming
- High Rise Rodman
- High Rise Swamper/Rigger
- House Framing
- Hydro-vac Truck
- Landscaping
- Low-Rise Forming
- Residential Handyperson
- Residential Trim
- Road Construction
- Sewer and Watermain
- Tile Setting
- Utility
- Welding





# Asphalt

The Asphalt Worker program provides hands-on training in the placement, spreading, raking, and compaction of asphalt materials. Safety issues pertaining to working with asphalt are also covered including burns, fumes, chemicals, and heat stress. Trainees are introduced to the properties, uses, and mix designs of asphalt and the equipment and tools used in paving operations.



■ **Tuition Fees:** \$1600

■ **Duration:** 6 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan • Cambridge

■ **Credential:** Certificate of Completion





# Blueprint Reading

This course provides students with detailed information regarding reading and interpreting information found on Architectural and Structural drawings and specifications.

LEVEL 1: Introduction to Blueprint Reading

LEVEL 2: Advanced Blueprint Reading

\*Prerequisite- Introduction to Blueprint Reading

■ **Tuition Fees:** N/A (Members Only)

■ **Duration:** 5 Weeks (per level)

- Tuesdays and Thursdays
- 6:00 PM to 9:00 PM

■ **Campus**

Virtual

■ **Credential:** Certificate of Completion



# Bridge Construction

In the Bridge Construction program, trainees will learn to construct and install footing forms by establishing starting points. They will also learn to cut and install sideboards, align and support forms, and install spreaders and ties on various structures. The program also includes erecting columns and piers, and building bridge abutments and girders.



■ **Tuition Fees:** \$1200

■ **Duration:** 6 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan • Cobourg • Kingston

■ **Credential:** Certificate of Completion





## Concrete and Drain

In the Concrete and Drain program, trainees will be taught the industry-standard techniques used to install sanitary drainage systems including traps and cleanouts. They will also learn the types of pipes and fittings needed to complete both sanitary and storm sewer systems. Trainees will practice steps for proper grading, concrete pouring and placement, and cement finishing techniques. Work will also include forming of staircases, porches, sills, and the installation of reinforcement steel to strengthen concrete.



■ **Tuition Fees:** \$1000

■ **Duration:** 6 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion



# Demolition

This program will provide trainees with an overall understanding of the Demolition Sector beginning with the history and development of the sector. An overview of controlled demolition for both conventional and special structures with an emphasis on safety planning and procedures is also included in the course. The program will also provide trainees with a basic understanding of the regulations, tools, equipment, and techniques used throughout this field.



■ **Tuition Fees:** \$1100

■ **Duration:** 4 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Cobourg • Kingston

■ **Credential:** Certificate of Completion





## EIFS (Exterior Insulation Finishing Systems)

Upon completion of the program, participants will be familiar with the components of a typical EIFS system and installation process. This includes assessing and preparing substrates, applying membranes and barriers, installing rigid insulation board, applying base coats and reinforcing mesh, and applying finish coats. Participants will also gain familiarity with the tools and materials needed to perform the required tasks as well as practice how to use them safely and efficiently.



■ **Tuition Fees:** \$1400

■ **Duration:** 7 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion



# GPS Grade Management

Upon completion of the program, participants will understand what goes into jobsite grade management using GPS technology for the Roads and Sewer & Watermain Sectors. Participants will become familiar with the GPS equipment and software (setup and use), understand how the equipment pertains to everyday work and practice troubleshooting commonly encountered problems.



■ **Tuition Fees:** \$1200

■ **Duration:** 1 Week

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion





## High Rise Forming

Participants will learn about various formwork systems, how to build forms and conduct formwork related calculations, and the principles of concrete. They will gain experience assembling, bracing, and removing forms used for making stairs, landings, slabs, columns and walls. They will also learn how to properly store forms. In addition, they will learn to fly the form table and communicate with the swamper.



■ **Tuition Fees:** \$1500

■ **Duration:** 8 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion



# High Rise Rodman

In the High Rise Rodman program, trainees will learn to tie columns/ cages, walls, and slabs. They will learn to follow the drawings and lay the steel bars and rebar chairs accordingly. Participants will also be learning to cut steel, bend bars (with and without the powerbending tools), and build footings and beams.



■ **Tuition Fees:** \$800

■ **Duration:** 3 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion



## High Rise Swamper/Rigger

On a highrise site, the swamper communicates with the crane operator to plan and set up safe lifts onsite. In this program, participants will learn how to safely work with and around cranes and understand the factors that affect crane capacity. They will gain experience making lifts with various types of loads and understand the proper rigging hardware and equipment to use given the shape and the size. Participants will also be exposed to the process of flying forms, as well as practice communicating with the crane operator using proper terminology and accurate distances.

Please contact the office directly to apply for this program.

■ **Tuition Fees:** N/A (Members Only)

■ **Duration:** 3 Days

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion



# House Framing

The House Framing program allows trainees to build the framework of a two-story home from the ground up. Trainees will learn to build exterior load-bearing walls, interior walls (partitions), floors, roof and learn all appropriate calculations involved when framing a home.



■ **Tuition Fees:** \$1500

■ **Duration:** 8 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion





## Hydro-Vac Truck

In this 2-day program, participants will learn about proper safety and handling when working with and around hydro-vac trucks.

\*This program is ONLY for experienced users/union members that require an update on the proper safety and handling around vac trucks. A company letter will be required to verify a minimum of 1,400 hours of experience.

■ **Tuition Fees:** N/A (Members Only)

■ **Duration:** 2 Days

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan • Barrie • Cobourg • Kingston • Cambridge

■ **Credential:** Certificate of Completion



# Landscaping

Participants will develop the knowledge and skills required to be a landscape labourer. This includes tasks such as laying sod, grading and screening, working with tools, setting interlock brick and building retaining walls. Landscapers construct and maintain gardens, parks, golf courses, and other landscape environments. In addition, they also advise clients on issues related to horticulture and landscape construction.



■ **Tuition Fees:** \$1200

■ **Duration:** 6 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion





## Low Rise Forming

The Low Rise Forming program focuses on building the foundation of residential homes. Trainees will learn the proper procedure to form and pour footings and foundation walls. They will also learn how to set weeping tiles and install waterproofing barriers such as foundation wraps.



■ **Tuition Fees:** \$1000

■ **Duration:** 3 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion



# Residential Handyperson

The Residential Handyperson program is tailored to suit the needs of those wanting to learn the fundamentals of various trades. Trainees will be exposed to plastering, kitchen fitting, bathroom installation, minor tile replacement, and some basic carpentry. The program will cover taping, caulking, and sanding areas requiring preparation for various treatments such as priming or sealing. Furthermore, the trainee will learn general painting and decorating as part of this program.



■ **Tuition Fees:** \$1500

■ **Duration:** 7 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion





## Residential Trim

In this program, the trainees will cover various topics such as how to install jambs before the doors or windows can be hung. They will also learn how to install casings and baseboards. Other additional trim work may include wainscoting, chair railings and crown moldings. Participants will also be exposed to skills such as installing locksets, hinges and all of the respective necessary hardware to go with it.



■ **Tuition Fees:** \$1500

■ **Duration:** 6 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion



# Road Construction

In the Roads Construction program, trainees will learn the key skills required to complete a road project. This includes proper grading techniques to prepare the roadbed and achieve the desired slope. They will also learn how to construct forms for sidewalks and various types of curb designs. Furthermore, they will acquire the skills required to place, level and finish concrete, as well as display various aesthetic finishes. Trainees will also get an opportunity to learn how to set lines and work around a curb machine. Overall, participants will gain a deeper understanding of the sequence of tasks involved in a complete road project and the tools and skills required to complete these tasks.



■ **Tuition Fees:** \$1300

■ **Duration:** 6 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion





## Sewer and Watermain

In this program, trainees will learn to install PVC sewer and watermain pipes, chambers and concrete pipes. Participants will learn to properly assemble trench boxes (steel boxes and speed shoring) and install fire hydrants and valves. They will also be exposed to other skills such as tapping watermain (PVC and cast).



■ **Tuition Fees:** \$1500

■ **Duration:** 8 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion



# Tile Setting

The Tile Setting program will focus on installing tiles in the Residential Sector. As the industry evolves and new types of adhesives and tiles are used, the demand to train the existing workforce on new materials increases.



■ **Tuition Fees:** \$1500

■ **Duration:** 10 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion





## Utilities

In the Utilities Program, trainees will acquire the skills to pour and place cable chambers and rebuild existing cable chambers. Trainees will also install duct structures, pole bases and street lighting. This program also teaches them trenching procedures (speed shoring and trenching safety) and how to read locates.

■ **Tuition Fees:** \$1500

■ **Duration:** 6 Weeks

- Monday to Friday
- 7:30 AM to 3:00 PM

■ **Campus**

Vaughan

■ **Credential:** Certificate of Completion



# Welding (Day and Evening)

In this program, trainees will learn how to cut steel, and join beams and steel plates together. Participants will also learn how to use torch, fabricate frames and repair machines. Upon completion of the program, trainees will be tested and evaluated by a Canadian Welding Bureau inspector. The test plates are then taken to a lab for further evaluation to determine a passing grade. Members who pass the test will be given a certification card from the Canadian Welding Bureau.

\*Occupational hazards in this trade include sparks, gases, hazardous fumes, burns, heavy lifting, exposure to ultra-violet light and infra-red rays, working at heights, working in confined spaces, and in trenches.



■ **Tuition Fees:** \$1500

■ **Duration:** 6 Weeks (Day Program)

- Monday to Friday
- 7:30 AM to 3:00 PM

12 Weeks (Evening Program)

- Tuesday to Thursday
- 6:00 PM to 9:00 PM

■ **Campus**

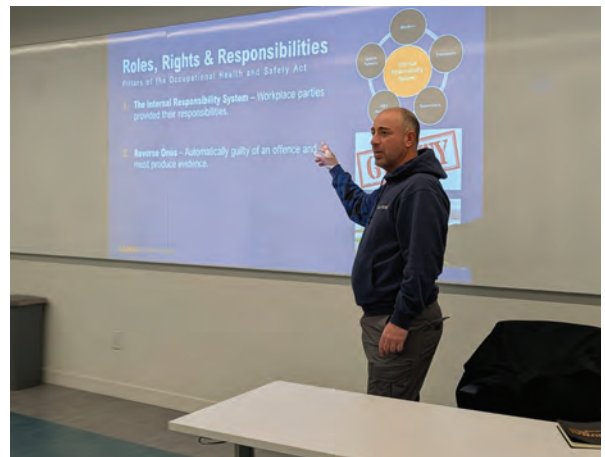
Vaughan

■ **Credential:** Certificate of Completion



# Health and Safety Programs

To ensure that our members return home safe to their families each day, we offer a multitude of Health & Safety Programs ranging from provincially mandated to sector-specific programs.



- Some programs listed are only available when requested by a company/employer. Please call our office for more details.



	Program	Duration	Expiration	Campuses	Notes and Additional Requirements
Mandatory Programs	OCCUPATIONAL HEALTH & SAFETY AWARENESS TRAINING (OHSA)-ONLINE	2 hours	No expiry	All Campuses • Online	Recommended every 3 years
	WORKING AT HEIGHTS	1 day	3 years	All Campuses	
	WORKPLACE HAZARDOUS MATERIALS INFORMATION SYSTEM (WHMIS 2015)	4 hours	1 year	All Campuses • Online	
Small Machine Programs	0-8 TON BOOM TRUCK (3 DAYS)	3 days	5 years	Vaughan • Cobourg • Kingston	• DZ License Required • Rigging Awareness Req. (1400 Hrs)
	0-8 TON BOOM TRUCK (5 DAYS) -	5 days	5 years	Vaughan • Cobourg • Kingston	• DZ License Required • No Experience
	FORKLIFT ROUGH TERRAIN - ROT	2 days	No expiry	Vaughan • Cobourg • Kingston • Cambridge	Recommended every 3 years
	MINI EXCAVATOR OPERATOR AWARENESS - ROT	2 days	No expiry	Vaughan • Cobourg • Kingston • Cambridge	Recommended every 3 years
	POWER ELEVATED WORK PLATFORM	1 day	No expiry	Vaughan • Cobourg • Kingston	Recommended every 3 years
	ROTATING TELEHANDLER OPERATOR AWARENESS (MAGNI)	2 days	No expiry	Vaughan	Prerequisites- • Hoisting & Rigging • Rough Terrain Forklift  Recommended every 3 years
	SKID STEER OPERATOR AWARENESS - ROT	2 days	No expiry	Vaughan • Cobourg • Kingston • Cambridge	Recommended every 3 years
General Health and Safety Programs	BASICS OF SUPERVISING (IHSA)	2 days	No expiry	All Campuses • IHSA sites	
	CHAINSAW OPERATOR SAFETY AWARENESS	4 hours	No expiry	All Campuses	
	CONCRETE AND DRAIN HEALTH AND SAFETY (DRAIN LAYERS BEST PRACTICES)	2 days	No expiry	All Campuses	
	CONFINED SPACE AWARENESS (IHSA)	4 hours	No expiry	All Campuses • IHSA sites	
	ELECTRICAL SAFETY (WHSC)	4 hours	No expiry	All Campuses	



	Program	Duration	Expiration	Campuses
General Health and Safety Programs	FIRE EXTINGUISHER SAFETY AWARENESS	2 hours	No expiry	All Campuses
	GROUND DISTURBANCE - • WORKER • SUPERVISOR ONLY	1 day 1 day	3 years 3 years	All Campuses • Online Online Only
	HEALTH & SAFETY PROGRAM UTILITY	6 days	3 years	All Campuses
	HOISTING AND RIGGING BASIC TRAINING (IHSA)	2 days	No expiry	All Campuses
	HOUSEKEEPING SAFETY AWARENESS	2 hours	No expiry	All Campuses
	LOW RISE FORMING SAFETY TRAINING	1 day	No expiry	All Campuses
	MAN AND MATERIAL HOIST SAFETY AWARENESS	2 hours	No expiry	All Campuses
	NATURAL GAS SAFETY (ROT) - CH02 NG	4 hours	3 years	Wilson • Vaughan • Cobourg • Barrie
	PERSONAL PROTECTIVE EQUIPMENT SAFETY AWARENESS	2 hours	No expiry	All Campuses
	PROPANE SAFETY (ROT) - CH-02	6 hours	3 years	Vaughan • Cobourg • Kingston • Barrie • Cambridge
	SCAFFOLDING SAFETY AWARENESS (IHSA)	4 hours	No expiry	All Campuses
	SMALL TOOL SAFETY AWARENESS	2 hours	No expiry	All Campuses
	FIRST AID STANDARD CPR + AED	2 days	3 years	All Campuses
	EMERGENCY FIRST AID	1 day	3 years	All Campuses
	TRAFFIC CONTROL BOOK #7 (IHSA)	1 day	No expiry	All Campuses • IHSA sites
	TRAFFIC CONTROL PERSON	4 hours	No expiry	All Campuses



	Program	Duration	Expiration	Campuses	Notes and Additional Requirements
General Health and Safety Programs	TRANSPORTATION OF DANGEROUS GOODS (IHSA)	5 hours	3 years	All Campuses • IHSA sites	• Company Request Only
	TRENCHING SAFETY AWARENESS (IHSA)	4 hours	No expiry	All Campuses • IHSA sites	
	TYPE 1 & 2 ASBESTOS WORK IN CONSTRUCTION (IHSA)	4 hours	No expiry	All Campuses • IHSA sites	
	TYPE 3 ASBESTOS WORK IN CONSTRUCTION (IHSA)	5 days	No expiry	Cobourg • Kingston • IHSA sites	• With College Exam
	WELDING CERTIFICATION TEST (CWB)	1 day	2 years	Vaughan	
WHSC Joint Health & Safety Programs	OCCUPATIONAL CONSTRUCTION HEALTH & SAFETY [LEVEL 1]	4 days	No expiry	All Campuses	
	LAW (PROVINCIAL) HEALTH & SAFETY [LEVEL 2]	4 days	No expiry	All Campuses	
	BASIC HEALTH & SAFETY CERTIFICATION [LEVEL 3]	3 days	3 years	All Campuses	
	SECTOR SPECIFIC H&S (CONSTRUCTION CERTIFICATION) [LEVEL 4]	2 days	3 years	All Campuses	
	JOINT HEALTH & SAFETY RECERTIFICATION	1 day	3 years	All Campuses	

## CANCELLATION POLICY

- Appointments must be cancelled at least 24 business hours prior.
- Third Party programs must be cancelled at least 4 business days prior.
- Third Party programs with IHSA must be cancelled at least 12 business days prior.

*\*For details, please contact our office.*



# Application and Recruitment Process

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## ■ Apprenticeship Program Requirements

- Must be 18 years of age.
  - Completed grade 10/12 education subject to program requirements. (Transcripts required)
  - Valid Ontario Driver's License (G2 or G).
  - Must have access to a vehicle.
  - Valid Social Insurance Number.
  - Have a provincially accepted piece of ID noting their date of birth.
  - Complete a pre-screening aptitude test and achieve a mark of at least 70%.
  - Construction work experience is an asset.
- 

## ■ Construction Skills Program Requirements

- Must be 18 years of age.
  - Valid Ontario Driver's License (G2 or G).
  - Construction work experience is an asset.
- 

## Interested in the Skilled Trades?

To apply for any of the programs, please visit our website at [www.183training.com](http://www.183training.com)



## Important Notes

- There are no course fees for members in good standing.
- Non-members, please contact our office at (416) 242-7551 for pricing.
- No payment is required until you are accepted & confirmed into the program.
- You will be contacted if/when a spot is available.
- Job placement/Union membership is not guaranteed.

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**PLEASE NOTE THAT THE MEMBERS OF LIUNA LOCAL 183 WILL RECEIVE PRIORITY FOR ALL COURSES.**

## Follow Us!



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## Questions? Contact Us

Tel: 416-242-7551

## Connect With Us!

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 [www.183training.com](http://www.183training.com)

The information in this guide is accurate and up-to-date as of the print date. For the most current information, please contact our office.



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DIFFERENCE  
WITH YOUR  
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