



**LiUNA!** LOCAL 183  
TRAINING CENTRE  
*Feel the Power*

# ***INFORMATION GUIDE***

## ***2025***

*Excellence in Training!*



# ***START A CAREER IN SKILLED TRADES TODAY!***

TAKE A 360° VIRTUAL TOUR  
OF OUR TRAINING CENTRE!







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# *TRAINING TODAY, FOR TOMORROW'S FUTURE*





**LiUNA Local 183, founded in 1952 by Gerry Gallagher, has over 74000 members, making us the largest Construction Local Union in North America.**

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Our goal as the LiUNA Local 183 Training Centre is to provide our apprentices and members with the highest standard of skills and safety training. Our hands-on training is meant to simulate a true construction sector setting to ensure that the industry receives workers who are competent and productive. We offer Ontario registered Apprenticeship Programs, Construction Skills Programs and Health and Safety Programs.





## A MESSAGE FROM OUR BUSINESS MANAGER JACK OLIVEIRA



Dear Brothers and Sisters,

With our membership now surpassing more than 74,000 members, the demand for a highly skilled and versatile workforce continues to grow alongside it. To meet these demands and the needs of our employer partners, we have made significant improvements to our facilities across all our campuses that will ensure you continue to receive best in class skills, health and safety and apprenticeship training at the LiUNA Local 183 Training Centre.

The recently completed Tunnel Rescue and Training Centre Facility at our Vaughan campus and the 10,000 sq ft expansion of our Kingston campus will ensure that every member has access to the necessary specialized training to perform work safely and effectively. In addition, our campuses in Barrie, Cobourg and Cambridge continue to offer the vast array of health and safety and skills upgrading courses in all the sectors we represent.

Whether it's a provincially required course to maintain your health and safety certifications or a skill upgrading program to increase your skills and expertise on a job site, our Training Centre has you covered. I encourage you to connect with the Training Centre staff to inquire what programs are available and how you can participate in them.

In closing, I would like to thank the staff of the Training Centre for their ongoing dedication and commitment to servicing the needs of our great membership by providing the best health and safety, skills and apprenticeship courses in North America.

In solidarity,

JACK OLIVEIRA  
BUSINESS MANAGER  
LIUNA LOCAL 183

**LiUNA!** LOCAL  
183  
*Feel the Power*





## A MESSAGE FROM OUR EXECUTIVE DIRECTOR SANDRO PINTO

Here at the LiUNA Local 183 Training Centre, our mandate is to provide our members with up to date health and safety training, which provides them with additional knowledge to stay safe on the job.

The Training Centre is also focused on working with employer partners on recruiting new people to the construction industry. With the help of the Executive Board and the Union representatives, we have taken great strides in increasing our footprint and having new individuals becoming members and going to work in the various sectors we represent. Our existing membership remains an integral part of our referral process and we remain thankful for their support.

Program development and strategic partnerships are just some of the tools we use to increase services to our membership and employer partners. The Training Centre continues to play an important role in attracting young men and women to the construction industry and we look forward to the challenge and opportunity this presents.

On behalf of the Training Fund Board of Trustees and staff, we strive to improve safety protocols and continue to do our part so our members may come home to their families after a days work.

In Solidarity,

SANDRO PINTO  
EXECUTIVE DIRECTOR  
LIUNA LOCAL 183 TRAINING CENTRE

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TRAINING CENTRE  
*Feel the Power*



# OUR CAMPUSES

## VAUGHAN CAMPUS

- 8700 Huntington Rd,  
Vaughan, ON L4H 3T3
  - 200 Labourers Way  
Vaughan, ON L4H 5H9
- ☎ 416-242-7551



## TORONTO OFFICE\*

- 1263 Wilson Ave,  
Suite 301, Toronto, ON  
M3M 3G2
- ☎ 416-242-7551



## COBOURG CAMPUS

- 560 Dodge St,  
Cobourg, ON  
K9A 4K5
- ☎ 905-372-1183



## KINGSTON CAMPUS

- 145 Dalton Ave, Unit 1,  
Kingston, ON  
K7K 6C2
- ☎ 613-542-5950



## BARRIE CAMPUS

- 64 Saunders Rd,  
Barrie, ON  
L4N 9A8
- ☎ 416-242-7551



## CAMBRIDGE CAMPUS

- 510 Collier MacMillan Dr,  
Cambridge, ON  
N1R 6R5
- ☎ 416-242-7551



\*ONLY HEALTH AND SAFETY PROGRAMS HELD AT TORONTO HEAD OFFICE



# A WORD FROM OUR APPRENTICES



"College or university isn't the only option here, you can learn so much and leave without the burden of debt."

- COLE NETHERTON  
CONSTRUCTION CRAFT WORKER

"Seeing what I can accomplish after building something makes me proud. And with the training from LiUNA, I can say that I did everything the right way!"

- DANNY SWAMY  
BRICK & STONE MASON



"I am dedicated to producing my best work and believe that this commitment is essential for anyone pursuing excellence in their field."

- ALIJAH HENRY  
BRICK AND STONE MASON

"The instructors were phenomenal, often allowing us to make mistakes, turning them into valuable learning opportunities that helped us understand and refine our methods."

- DANTE CAVALIERE  
CONSTRUCTION CRAFT WORKER



"In Construction you take pride when you build something out of nothing. While on a job not a lot of people want you to succeed, LiUNA is with you from start till the end"

- CARLOS CRESPO  
CONSTRUCTION CRAFT WORKER



"It's easy to get complacent, but continuous hard work is essential for growth."

- CALEB MOKUA ONYANCHIA  
CONSTRUCTION CRAFT WORKER



**SIGN UP FOR ONE OF OUR PROGRAMS AND BECOME ONE OF THEM!**



# APPRENTICESHIP PATHWAY

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## YOUR ROAD TO SUCCESS!

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> For information on how to apply, turn to **page 41**.

### STEP-1

Enroll into the Apprenticeship Program of your choice.



### STEP-3

Perform your on-the-job Training (Paid work) as an Apprentice.



### STEP-2

Complete your 8 weeks of in-school, hands-on training





*Congratulations!*

You have now reached  
Journeyperson status.



#### **STEP-4**

Return for your Level 2 / Level 3  
Training



#### **STEP-5**

Complete suggested field hours and  
Challenge the Red Seal Exam.





# APPRENTICESHIP PROGRAMS



OUR APPRENTICESHIP PROGRAMS RANGE FROM 6-8 WEEKS IN LENGTH AND PROVIDE THE APPRENTICES WITH COMPREHENSIVE SIMULATED REAL JOB SITE EXPERIENCE.





# BRICK AND STONE MASON

## Certification:

Red Seal Trade



## Tuition Fees:

\$400 (+\$125 Textbook fee)

## Duration:

8 weeks (per level)

Monday to Friday, 7:30 AM to 3:00 PM

## Levels:

3

## Campuses:

- Vaughan
- Barrie
- Cobourg

Being a brick-layer or a stone-mason involves working in fast paced environments where problem solving, creativity and proactive thinking is essential. People interested in this trade must be comfortable working at heights and in the elements.



Trainees will gain experience laying and cutting brick, stone and concrete blocks in various construction settings. They will also learn about masonry systems and how to construct and repair various structures including walls, arches and fireplaces. Trainees will be taught to use several hand and power tools that bricklayers use daily, and enhance their trowel and hammer skills.

[183training.com/course/brick-stone-masonry-level-1/](https://183training.com/course/brick-stone-masonry-level-1/)

> For information on how to apply, turn to **page 41**.

## Sectors to Consider:

- High Rise
- Low Rise
- Mid Rise
- Commercial



## Ministry Suggested Time Frame:

- 4,880 hours of on-the-job work experience
- 720 hours in-school training

*Total hours = 5,600 hours*

*(Approx. three years)*





# CEMENT (CONCRETE) FINISHER

## Certification:

Red Seal Trade



## Tuition Fees:

\$400

## Duration:

8 weeks *(per level)*

*Monday to Friday, 7:30 AM to 3:00 PM*

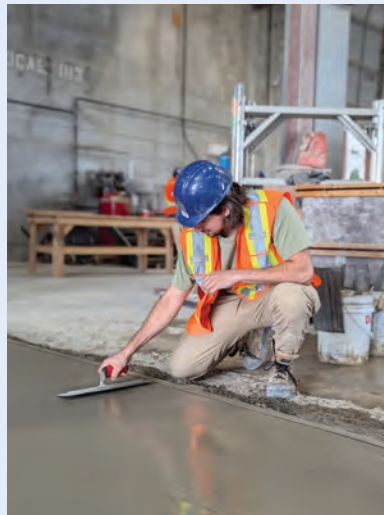
## Levels:

2

## Campuses:

- Vaughan

A Cement Finisher masters the art of applying various finishes to concrete surfaces such as architectural, exposed, acid-stained, patterned, broomed finish overlays, and smooth finishes. Trainees will be taught to use hand and power tools such as floats and screeds.



During the apprenticeship, trainees will also learn mathematical calculations as well as proper use of measurement, layout, and leveling tools required in the cement finisher trade. Cement Finishers work on a wide variety of vertical and horizontal surfaces and structures such as concrete floors, walls, sidewalks, stairs, driveways, curbs, gutters, dams, bridges, and tunnels. Cement Finishers must possess a sound knowledge of the properties of various types of concrete and how mixes, proportions, and additives affect concrete strength, setting, curing times, finishes, and durability.



[183training.com/course/cement-finisher-level-1/](https://183training.com/course/cement-finisher-level-1/)

> For information on how to apply, turn to **page 41**.

## Sectors to Consider:

- High Rise Forming
- Low Rise Forming
- Road construction
- Concrete & Drain

## Ministry Suggested Time Frame:

- 4,500 hours of on-the-job work experience
- 480 hours in-school training

*Total hours = 4,980 hours*

*(Approx. two and a half years)*





# CONSTRUCTION CRAFT WORKER

## Certification:

Red Seal Trade



The Construction Craft Worker (CCW) Apprenticeship is an extremely versatile program that offers the trainee the capacity to work in a variety of sectors and construction fields. Our program covers a broad base of skills including form setting, scaffolding, and concrete placement skills.

Some of the tasks completed by a CCW trainee include constructing and dismantling concrete forms, scaffolding, ramps, catwalks, shoring, and barricades required at construction sites. In addition, they may mix, pour and spread materials such as concrete and asphalt. They may also assist with demolition, removal of rubble and other debris from a site and may operate various power tools, machines, and other equipment as directed.

[183training.com/course/construction-craft-worker-level-1/](https://183training.com/course/construction-craft-worker-level-1/)

> For information on how to apply, turn to page 41.

## Sectors to Consider:

- High Rise Forming
- Low Rise Forming
- Road construction
- Heavy Civil
- Utilities
- Sewer and Watermain
- Landscaping
- Concrete & Drain



We also offer this program through OYAP (Ontario Youth Apprenticeship Program) with the following school boards: TCDSB, YRDSB, YCDSB, Peel, Dufferin Peel Catholic, CSC MonAvenir, and Durham DDSB. All interested high school students must reach out to their respective Guidance Counselors. For more information, call our office at **416-242-7551**.

## Tuition Fees:

\$400 (+\$125 Textbook fee)

## Duration:

8 weeks (per level)

Monday to Friday, 7:30 AM to 3:00 PM

## Levels:

2

## Campuses:

- Vaughan
- Barrie
- Cobourg
- Kingston



## Ministry Suggested Time Frame:

- 2,400 hours of on-the-job work experience
- 480 hours in-school training

Total hours = 2,880 hours

(Approx. one and a half year)



# TRACTOR LOADER BACKHOE

(Heavy Equipment Operator)

**Certification:**  
Red Seal Trade



**Tuition Fees:**  
\$3000

**Duration:**  
8 weeks *(total)*  
*Monday to Friday, 7:30 AM to 3:00 PM*

**Levels:**  
2

**Campuses:**  
• Vaughan

## Sectors to Consider:

- Low Rise Forming
- Road construction
- Landscaping
- Sewer and Watermain
- Utilities



A Tractor Loader Backhoe Operator inspects, maintains, transports, and operates full (standard) size equipment in the construction and industrial sectors. Some of the duties include performing a pre-operational inspection, transporting equipment, installing attachments, and loading and unloading equipment. In addition, operators will also work on excavating, trenching, grading, stockpiling and backfilling, among other duties.

[183training.com/course/heavy-equipment-operator-tractor-loader-backhoe/](https://183training.com/course/heavy-equipment-operator-tractor-loader-backhoe/)

> For information on how to apply, turn to **page 41**.



## Ministry Suggested Time Frame:

- 2,260 hours of on-the-job work experience
- 300 hours in-school training

*Total hours = 2,560 hours*  
*(Approx. one and a half year)*





# CONSTRUCTION SKILLS PROGRAMS

- Asphalt
- Blueprint Reading
- Bridge Construction
- Concrete and Drain
- Demolition
- GPS Grade Management
- High Rise Forming
- High Rise Rodman
- High Rise Swamper/Rigger
- House Framing
- Hydro-vac Truck
- Landscaping
- Low-Rise Forming
- Residential Handyperson
- Residential Trim
- Road Construction
- Sewer and Watermain
- Tile Setting
- Utility
- Welding

OUR CONSTRUCTION SKILLS PROGRAMS COVER MANY OF THE SECTORS THAT OUR MEMBERS WORK IN. THESE PROGRAMS SERVE AS A VIABLE OPTION FOR NOT ONLY THE PEOPLE THAT ARE NEW, BUT ALSO CURRENT MEMBERS LOOKING TO SPECIALIZE IN A PARTICULAR NEW SKILL.



# ASPHALT

The Asphalt Worker program provides hands-on training in the placement, spreading, raking, and compaction of asphalt materials. Safety issues pertaining to working with asphalt are also covered including burns, fumes, chemicals, and heat stress. Trainees are introduced to the properties, uses, and mix designs of asphalt and the equipment and tools used in paving operations.

[183training.com/course/asphalt/](https://183training.com/course/asphalt/)

**Tuition Fees:**

\$1,600

**Certification:**

Certificate of Completion

**Campuses:**

- Vaughan
- Cambridge

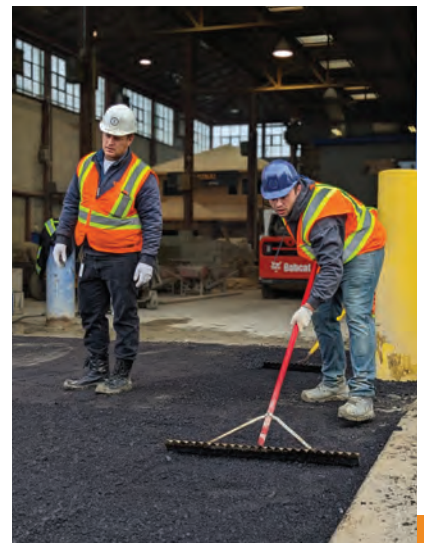
**Duration:**

6 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*



> For information on how to apply, turn to page 41.







# BLUEPRINT READING

This course provides students with detailed information regarding reading and interpreting information found on Architectural and Structural drawings and specifications.

**Tuition Fees:**

N/A *(Members Only)*

**Campuses:**

- Virtual

**Certification:**

Certificate of Completion

**Duration:**

5 weeks *(per level)*  
2 evenings per week

> For information on how to apply, turn to **page 41**.

## Level 1: INTRODUCTION TO BLUEPRINT READING

[183training.com/course/introduction-blueprint-reading/](https://183training.com/course/introduction-blueprint-reading/)

## Level 2: ADVANCED BLUEPRINT READING

[183training.com/course/advanced-blueprint-reading/](https://183training.com/course/advanced-blueprint-reading/)

\*Prerequisite – Introduction to Blueprint Reading



# BRIDGE CONSTRUCTION

In the Bridge Construction program, trainees will learn to construct and install footing forms by establishing starting points. They will also learn to cut and install sideboards, align and support forms, and install spreaders and ties on various structures. The program also includes erecting columns and piers, and building bridge abutments and girders.

[183training.com/course/bridge-construction/](https://183training.com/course/bridge-construction/)

## **Tuition Fees:**

\$1200

## **Campuses:**

- Vaughan
- Cobourg
- Kingston

## **Certification:**

Certificate of Completion

## **Duration:**

6 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*

> For information on how to apply, turn to **page 41**.



# CONCRETE AND DRAIN

In the Concrete and Drain program, trainees will be taught the industry-standard techniques used to install sanitary drainage systems including traps and cleanouts. They will also learn the types of pipes and fittings needed to complete both sanitary and storm sewer systems. Trainees will practice steps for proper grading, concrete pouring and placement, and cement finishing techniques. Work will also include forming of staircases, porches, sills, and the installation of reinforcement steel to strengthen concrete.

[183training.com/course/concrete-and-drain/](https://183training.com/course/concrete-and-drain/)

**Tuition Fees:**

\$1000

**Certification:**

Certificate of Completion

**Campuses:**

- Vaughan

**Duration:**

6 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*

> For information on how to apply, turn to **page 41**.





# DEMOLITION

This program will provide trainees with an overall understanding of the Demolition Sector beginning with the history and development of the sector. An overview of controlled demolition for both conventional and special structures with an emphasis on safety planning and procedures is also included in the course. The program will also provide trainees with a basic understanding of the regulations, tools, equipment, and techniques used throughout this field.

**Tuition Fees:**

\$1100

**Campuses:**

- Cobourg
- Kingston

**Certification:**

Certificate of Completion

**Duration:**

4 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*

[183training.com/course/demolition-worker-training/](https://183training.com/course/demolition-worker-training/)

> For information on how to apply, turn to **page 41**.



# EIFS

## (EXTERIOR INSULATION FINISHING SYSTEMS)

Upon completion of the program participants will be familiar with the components of a typical EIFS system and installation process. This includes assessing and preparing substrates, applying membranes and barriers, installing rigid insulation board, applying base coats, and reinforcing mesh and applying finish coats. Participants will also gain familiarity with the tools and materials needed to perform the required tasks as well as practice how to use them safely and efficiently.

[183training.com/course/exterior-insulation-finishing-systems-eifs/](https://183training.com/course/exterior-insulation-finishing-systems-eifs/)

### Tuition Fees:

\$1,400

### Certification:

Certificate of Completion

### Campuses:

- Vaughan

### Duration:

7 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*



> For information on how to apply, turn to **page 41**.





# GPS GRADE MANAGEMENT

Upon completion of the program, participants will understand what goes into jobsite grade management using GPS technology for the Roads and Sewer & Watermain Sectors. Participants will become familiar with the GPS equipment and software (setup and use), understand how the equipment pertains to everyday work and practice troubleshooting commonly encountered problems.

[183training.com/course/gps-grade-management/](https://183training.com/course/gps-grade-management/)

**Tuition Fees:**

\$1,200

**Certification:**

Certificate of Completion

**Campuses:**

- Vaughan

**Duration:**

1 week

*Monday to Friday, 7:30 AM to 3:00 PM*

➤ For information on how to apply, turn to **page 41**.





# HIGH RISE FORMING

Participants will learn about various formwork systems, how to build forms and conduct formwork related calculations, and the principles of concrete. They will gain experience assembling, bracing, and removing forms used for making stairs, landings, slabs, columns and walls. They will also learn how to properly store forms. In addition, they will learn to fly the form table and communicate with the swamper.

[183training.com/course/high-rise-forming/](https://183training.com/course/high-rise-forming/)

## Tuition Fees:

\$1,500

## Certification:

Certificate of Completion

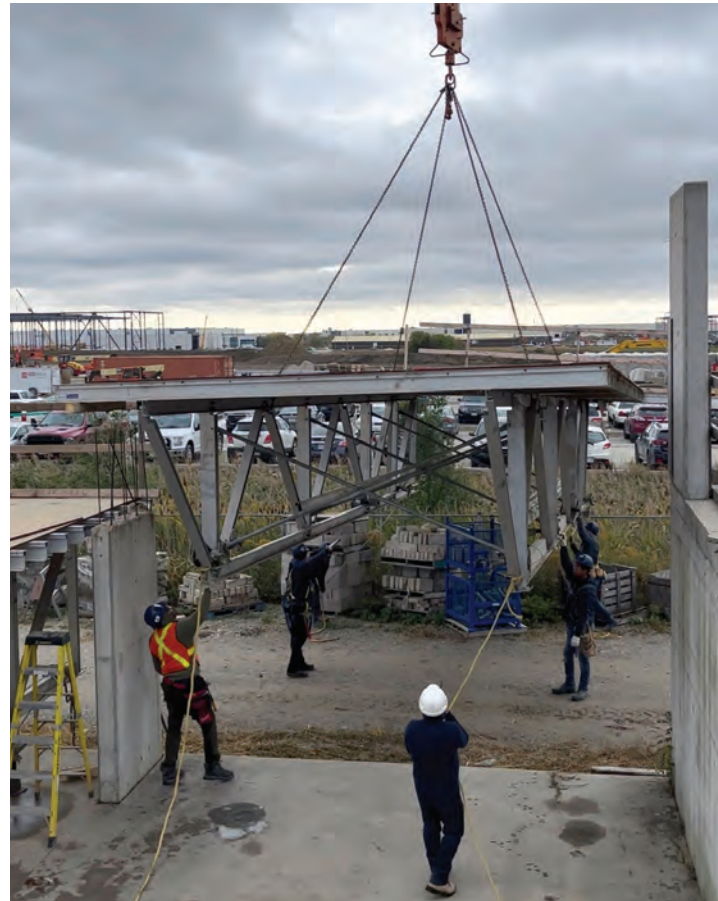
## Campuses:

- Vaughan

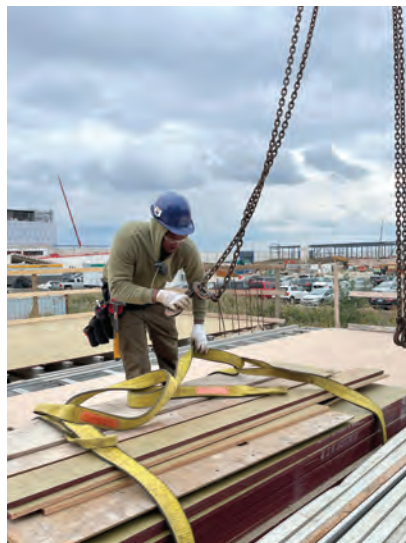
## Duration:

8 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*



> For information on how to apply, turn to **page 41**.



# HIGH RISE RODMAN

In the High Rise Rodman program, trainees will learn to tie columns/cages, walls, and slabs. They will learn to follow the drawings and lay the steel bars and rebar chairs accordingly. Participants will also be learning to cut steel, bend bars (with and without the powerbending tools), and build footings and beams.

[183training.com/course/high-rise-rodman/](https://183training.com/course/high-rise-rodman/)

**Tuition Fees:**

\$800

**Certification:**

Certificate of Completion

**Campuses:**

- Vaughan

**Duration:**

3 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*



> For information on how to apply, turn to page 41.







# HIGH RISE SWAMPER/RIGGER

On a highrise site, the swamper communicates with the crane operator to plan and set up safe lifts onsite. In this program, participants will learn how to safely work with and around cranes and understand the factors that affect crane capacity. They will gain experience making lifts with various types of loads and understand the proper rigging hardware and equipment to use given the shape and the size. Participants will also be exposed to the process of flying forms, as well as practice communicating with the crane operator using proper terminology and accurate distances.

**Tuition Fees:**

N/A *(Members Only)*

**Campuses:**

- Vaughan

**Certification:**

Certificate of Completion

**Duration:**

3 days

*Monday to Friday, 7:30 AM to 3:00 PM*

> For information on how to apply, turn to **page 41**.

*Please contact the office directly to apply for this program.*

# HOUSE FRAMING

The House Framing program allows trainees to build the framework of a two-story home from the ground up. Trainees will learn to build exterior load-bearing walls, interior walls (partitions), floors, roof and learn all appropriate calculations involved when framing a home.

[183training.com/course/house-framing/](https://183training.com/course/house-framing/)

**Tuition Fees:**

\$1,500

**Certification:**

Certificate of Completion

**Campuses:**

- Vaughan

**Duration:**

8 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*



> For information on how to apply, turn to page 41.







# HYDRO-VAC TRUCK

Participants will learn about proper safety and handling when working with and around hydro-vac trucks. This 2-day program focuses on the safety around vac trucks.

*\*This program is ONLY for experienced users/union members that require an update on the proper safety and handling around vac trucks. A company letter will be required to verify a minimum of 1,400 hours of experience.*

## Tuition Fees:

N/A (Members Only)

## Campuses:

- Vaughan
- Barrie
- Cobourg
- Kingston
- Cambridge

## Certification:

Certificate of Completion

## Duration:

2 days

*Monday to Friday, 7:30 AM to 3:00 PM*

[183training.com/course/vacuum-truck-program/](https://183training.com/course/vacuum-truck-program/)

> For information on how to apply, turn to **page 41**.

# LANDSCAPING

Participants will develop the knowledge and skills required to be a landscape labourer. This includes tasks such as laying sod, grading and screening, working with tools, setting interlock brick and building retaining walls. Landscapers construct and maintain gardens, parks, golf courses, and other landscape environments. In addition, they advise clients on issues related to horticulture and landscape construction.

**Tuition Fees:**

\$1,200

**Campuses:**

- Vaughan

**Certification:**

Certificate of Completion

**Duration:**

6 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*

[183training.com/course/landscaping/](https://183training.com/course/landscaping/)

> For information on how to apply, turn to **page 41**.







# LOW RISE FORMING

The Low Rise Forming program focuses on building the foundation of residential homes. Trainees will learn the proper procedure to form and pour footings and foundation walls. They will also learn how to set weeping tiles and install waterproofing barriers such as foundation wraps.

[183training.com/course/low-rise-forming/](https://183training.com/course/low-rise-forming/)

**Tuition Fees:**  
\$1,000

**Campuses:**  
• Vaughan

**Certification:**  
Certificate of Completion

**Duration:**  
3 weeks  
*Monday to Friday, 7:30 AM to 3:00 PM*

> For information on how to apply, turn to **page 41**.



# RESIDENTIAL HANDYPERSON

The Residential Handyman program is tailored to suit the needs of those wanting to learn the fundamentals of various trades. Trainees will be exposed to plastering, kitchen fitting, bathroom installation, minor tile replacement, and some basic carpentry. The program will cover taping, caulking, and sanding areas requiring preparation for various treatments such as priming or sealing. Furthermore, the trainee will learn general painting and decorating as a part of this program.

[183training.com/course/residential-handyperson/](https://183training.com/course/residential-handyperson/)

## Tuition Fees:

\$1,500

## Certification:

Certificate of Completion

## Campuses:

- Vaughan

## Duration:

7 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*

> For information on how to apply, turn to **page 41**.





# RESIDENTIAL TRIM

In this program, the trainees will cover various topics such as how to install jambs before the doors or windows can be hung. They will also learn how to install casings and baseboards. Other additional trim work may include wainscoting, chair railings and crown moldings. Participants will also be exposed to skills such as installing locksets, hinges and all of the respective necessary hardware to go with it.

[183training.com/course/residential-trim/](https://183training.com/course/residential-trim/)

**Tuition Fees:**

\$1,500

**Certification:**

Certificate of Completion

**Campuses:**

- Vaughan

**Duration:**

6 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*



> For information on how to apply, turn to page 41.



# ROAD CONSTRUCTION

In the Roads Construction program, trainees will learn the key skills required to complete a road project. This includes proper grading techniques to prepare the roadbed and achieve the desired slope. They will also learn how to construct forms for sidewalks and various types of curb designs. Furthermore, they will acquire the skills required to place, level and finish concrete, as well as display various aesthetic finishes. Trainees will also get an opportunity to learn how to set lines and work around a curb machine. Overall, participants will gain a deeper understanding of the sequence of tasks involved in a complete road project and the tools and skills required to complete these tasks.

[183training.com/course/road-construction/](https://183training.com/course/road-construction/)

**Tuition Fees:**

\$1,300

**Certification:**

Certificate of Completion

**Campuses:**

- Vaughan

**Duration:**

6 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*



> For information on how to apply, turn to page 41.





# SEWER AND WATERMAIN

In this program, trainees will learn to install PVC sewer and watermain pipes, chambers and concrete pipes. Participants will learn to properly assemble trench boxes (steel boxes and speed shoring) and install fire hydrants and valves. They will also be exposed to other skills such as tapping watermain (PVC and cast).

[183training.com/course/sewer-water-main/](https://183training.com/course/sewer-water-main/)

**Tuition Fees:**

\$1,500

**Certification:**

Certificate of Completion

**Campuses:**

- Vaughan

**Duration:**

8 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*

> For information on how to apply, turn to **page 41**.



# TILE SETTING

The Tile Setting program will focus on installing tiles in the Residential Sector. As the industry evolves and new types of adhesives and tiles are used, the demand to train the existing workforce on new materials increases. It is necessary for the Training Centre to ensure that the demand for trained workers in this sector is met.

[183training.com/course/tile-setting/](https://183training.com/course/tile-setting/)

**Tuition Fees:**

\$1,500

**Certification:**

Certificate of Completion

**Campuses:**

- Vaughan

**Duration:**

10 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*



> For information on how to apply, turn to page 41.







# UTILITIES

In the Utilities Program, trainees will acquire the skills to pour and place cable chambers and rebuild existing cable chambers. Trainees will also install duct structures, pole bases and street lighting. This program also teaches them trenching procedures (speed shoring and trenching safety) and how to read locates.

[183training.com/course/utilities/](https://183training.com/course/utilities/)

> For information on how to apply, turn to **page 41**.

**Tuition Fees:**

\$1,500

**Campuses:**

- Vaughan

**Certification:**

Certificate of Completion

**Duration:**

6 weeks

*Monday to Friday, 7:30 AM to 3:00 PM*

# WELDING

## (DAY AND EVENING)

In this program, trainees will learn how to cut steel, and join beams and steel plates together. Participants will also learn how to use torch, fabricate frames and repair machines. Upon completion of the program, trainees will be tested and evaluated by a Canadian Welding Bureau inspector. The test plates are then taken to a lab for further evaluation to determine a passing grade. Members who pass the test will be given a certification card from the Canadian Welding Bureau.

[183training.com/course/welding-members-only/](https://183training.com/course/welding-members-only/)

[183training.com/course/welding-night-course/](https://183training.com/course/welding-night-course/)

### Tuition Fees:

N/A (*Members Only*)

### Certification:

Certificate of Completion

### Campuses:

- Vaughan

### Duration:

6 Weeks (Day Program)

*Monday to Friday, 7:30 AM to 3:00 PM*

12 Weeks (Evening Program)

*Tuesday to Thursday, 6:00 PM to 9:00 PM*



*\*Occupational hazards in this trade include sparks, gases, hazardous fumes, burns, heavy lifting, exposure to ultra-violet light and infra-red rays, working at heights, working in confined spaces, and in trenches.*

➤ For information on how to apply, turn to page 41.





# HEALTH & SAFETY PROGRAMS

TO ENSURE THAT OUR MEMBERS RETURN HOME SAFE TO THEIR FAMILIES EACH DAY, WE OFFER A MULTITUDE OF HEALTH & SAFETY PROGRAMS RANGING FROM PROVINCIALLY MANDATED TO SECTOR-SPECIFIC PROGRAMS.

*\*Some programs listed are only available when requested by a company/employer.  
Please call our office for more details.*

# Health & Safety Programs

PROGRAM	CATEGORY	DURATION	EXPIRATION	CAMPUSES
OCCUPATIONAL HEALTH & SAFETY AWARENESS TRAINING (OHSA)- ONLINE	Mandatory		No expiry (recommended every 3 years)	All Campuses & Online
WORKING AT HEIGHTS	Mandatory	1 day	3 years	All Campuses
WORKPLACE HAZARDOUS MATERIALS INFORMATION SYSTEM (WHMIS 2015)	Mandatory	4 hours	1 year	All Campuses & Online
0-8 TON BOOM TRUCK (3 DAYS) -Rigging Awareness Req. (1400 Hrs) <i>*DZ License Required</i>	Small Machine	3 days	5 years	Vaughan, Cobourg & Kingston
0-8 TON BOOM TRUCK (5 DAYS) - No Experience <i>*DZ License Required</i>	Small Machine	5 days	5 years	Vaughan, Cobourg & Kingston
FORKLIFT ROUGH TERRAIN - ROT (WHSC)	Small Machine	2 days	3 years	Vaughan, Cobourg, Kingston & Cambridge
MINI EXCAVATOR OPERATOR AWARENESS - ROT	Small Machine	2 days	No expiry (recommended every 3 years)	Vaughan, Cobourg, Kingston & Cambridge
POWER ELEVATED WORK PLATFORM	Small Machine	1 day	No expiry (recommended every 3 years)	Vaughan, Cobourg & Kingston
SKID STEER OPERATOR AWARENESS - ROT	Small Machine	2 days	No expiry (recommended every 3 years)	Vaughan, Cobourg, Kingston & Cambridge
BASICS OF SUPERVISING (IHSA)	General H&S	2 days	No expiry	All Campuses & On IHSA sites
CHAINSAW OPERATOR SAFETY AWARENESS	General H&S	4 hours	No expiry	All Campuses
CONCRETE AND DRAIN HEALTH AND SAFETY (Drain Layers Best Practices)	General H&S	2 days	No expiry	All Campuses
CONFINED SPACE AWARENESS TRAINING (IHSA)	General H&S	4 hours	No expiry	All Campuses & On IHSA sites
ELECTRICAL SAFETY (WHSC)	General H&S	4 hours	No expiry	All Campuses
FIRE EXTINGUISHER SAFETY TRAINING	General H&S	2 hours	No expiry	All Campuses



# Health & Safety Programs

PROGRAM	CATEGORY	DUARTION	EXPIRATION	CAMPUSES
GROUND DISTURBANCE - WORKER	General H&S	1 day	3 years	All Campuses & Online
GROUND DISTURBANCE - SUPERVISOR ONLY	General H&S		3 years	Online Only
HEALTH & SAFETY PROGRAM UTILITY	General H&S	6 days	3 years	All Campuses
HOISTING AND RIGGING BASIC TRAINING (IHSA)	General H&S	2 days	No expiry	All Campuses
HOUSEKEEPING SAFETY AWARENESS	General H&S	2 hours	No expiry	All Campuses
LOW RISE FORMING SAFETY TRAINING	General H&S	1 day	No expiry	All Campuses
MAN AND MATERIAL HOIST SAFETY AWARENESS	General H&S	2 hours	No expiry	All Campuses
NATURAL GAS SAFETY (ROT) - CH02 NG	General H&S	4 hours	3 years	Wilson, Vaughan, Cobourg & Barrie
PERSONAL PROTECTIVE EQUIPMENT SAFETY AWARENESS	General H&S	2 hours	No expiry	All Campuses
PROPANE SAFETY (ROT) - CH-02	General H&S	6 hours	3 years	Vaughan, Cobourg, Kingston, Barrie & Cambridge
SCAFFOLDING SAFETY AWARENESS	General H&S	4 hours	No expiry	All Campuses
SMALL TOOL SAFETY AWARENESS	General H&S	2 hours	No expiry	All Campuses
FIRST AID STANDARD CPR + AED	General H&S	2 days	3 years	All Campuses
EMERGENCY FIRST AID	General H&S	1 day	3 years	All Campuses
TRAFFIC CONTROL BOOK #7 (IHSA)	General H&S	1 day	No expiry	All Campuses & On IHSA sites
TRAFFIC CONTROL PERSON (LiUNA)	General H&S	4 hours	No expiry	All Campuses
TRANSPORTATION OF DANGEROUS GOODS (Company Request Only) (IHSA)	General H&S	5 hours	3 years	All Campuses & On IHSA sites

## Health & Safety Programs

PROGRAM	CATEGORY	DURATION	EXPIRATION	CAMPUSES
TRENCHING SAFETY AWARENESS (IHSA)	General H&S	4 hours	No expiry	All Campuses & On IHSA sites
TYPE 1 & 2 ASBESTOS WORK IN CONSTRUCTION (IHSA)	General H&S	4 hours	No expiry	All Campuses & On IHSA sites
TYPE 3 ASBESTOS WORK IN CONSTRUCTION (IHSA)	General H&S	5 days (With College Exam)	No expiry	Cobourg, Kingston & On IHSA sites
Welding Certification Test (CWB)	General H&S	1 day	2 years	Vaughan
Rotating Telehandler Operator Awareness (MAGNI)  *Prerequisites- Hoisting & Rigging - Rough Terrain Forklift	General H&S	2 days	No expiry (recommended every 3 years)	Vaughan

### WHSC JOINT HEALTH & SAFETY CERTIFICATIONS

Occupational Construction H&S [LEVEL 1] (WHSC)	General H&S	4 days	No expiry	All Campuses
Law (Provincial) H&S [LEVEL 2] (WHSC)	General H&S	4 days	No expiry	All Campuses
Basic H&S Certification [LEVEL 3] (WHSC)	General H&S	3 days	3 years	All Campuses
Sector Specific H&S (Construction Certification) [LEVEL 4] (WHSC)	General H&S	2 days	3 years	All Campuses
JOINT H&S RECERTIFICATION (WHSC)	General H&S	1 day	3 years	All Campuses

### CANCELLATION POLICY

- » Appointments must be cancelled at least 24 business hours prior.
- » Third Party programs must be cancelled at least 4 business days prior.
- » Third Party programs with IHSA must be cancelled at least 12 business days prior.

*\*For details, please contact our office.*



# APPLICATION AND RECRUITMENT PROCESS

## APPRENTICESHIP PROGRAM REQUIREMENTS

- » Must be 18 years of age.
- » Completed grade 10/12 education subject to program requirements. (transcripts will be required)
- » Valid Ontario Driver's License (G2 or G).
- » Must have access to a vehicle.
- » Valid Social Insurance Number.
- » Have a provincially accepted piece of ID noting their date of birth.
- » Complete a pre-screening aptitude test and achieve a mark of at least 70%.
- » Construction work experience is an asset.

## CONSTRUCTION SKILLS PROGRAM REQUIREMENTS

- » Must be 18 years of age.
- » Valid Ontario Driver's License (G2 or G).
- » Construction work experience is an asset.

TO APPLY, PLEASE VISIT [WWW.183TRAINING.COM](http://WWW.183TRAINING.COM)

## IMPORTANT NOTES

- » There are no course fees for members in good standing.
- » Non-members, please contact our office at (416) 242-7551 for pricing.
- » No payment is required until you are accepted & confirmed into the program.
- » You will be contacted if/when a spot is available.
- » Job placement/Union membership is not guaranteed.

**PLEASE NOTE THAT MEMBERS OF LIUNA LOCAL 183 WILL RECEIVE PRIORITY FOR ALL COURSES.**

VAUGHAN | TORONTO | BARRIE | COBOURG | KINGSTON | CAMBRIDGE

# BUILD POWER AND MAKE A DIFFERENCE WITH YOUR UNION BROTHERS AND SISTERS



**LiUNA!**  
*Feel the Power*

## QUESTIONS? CONTACT US:



[www.183training.com](http://www.183training.com)



416-242-7551



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**SCAN TO JOIN  
LABOURERS  
RISING**

FOR MORE INFO VISIT  
[www.LABOURERSRISING.ORG](http://www.LABOURERSRISING.ORG)



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**TRAINING CENTRE**  
*Feel the Power*



The information in this guide is accurate and up-to-date as of the print date.  
For the most current information, please contact our office.